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According to the Natya shastra, the goals of theatre are to empower aesthetic experience and deliver emotional rasa. The text states that the aim of art is manifold. In many cases, it aims to produce repose and relief for those exhausted with labor, or distraught with grief, or laden with misery, or struck by austere times. Yet entertainment is an effect, but not the primary goal of …

Natya Shastra - Wikipedia
Rasa is prepared, states Natya Shastra, through a creative synthesis and expression of vibha (determinants), anubha (consequents) and vyahicharibha (transitory states). [55][57] In the process of emotionally engaging the individual in the audience, the text outlines the use of eight sentiments - erotic, comic, pathetic, terrible, classical dances of india: everything you need to know
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