The Death and Life of Great American Cities. Here, too, is the activist who helped lead an ultimately successful protest against Robert Moses’s proposed expressways, was arrested twice, and engaged at home and on the streets in struggles to take responsibility for your life enhancing your health, prosperity and happiness; Provides you with ancient knowledge and practices to new, from science including quantum physics, to philosophy, psychology, and important detail on nutrition, exercise, energies and medicine; is very current, answering all the conflicting hype about diets, the next super food or the bad effects of conventional drugs or sugar that are in the media weekly, even daily; For more information please visit www.thebookof.co.uk

Eyes on the Street

Michael S. Kasischke 2016-03-10

Hopelessly in a funk with no apparent way out, mortgage industry veteran, Mark Stiles, grasped desperately to the only thing known to help him find a way out of the downward spiral of his life. As a mortgage broker, Stiles, with the help of the industry, found a way to make his life fall apart. In an attempt to keep his life from falling apart, Stiles descended into a world of drugs and alcohol, spending long nights in bed with his dog and his dead end job. Until he hit rock bottom and realized he needed to make a change. He flexed his muscles and tried to prevent the world from taking over his life, but he was only able to hold on for so long before it caught up to him. As he begins to deal with the后果s of his actions, Stiles begins to understand the importance of third places and how they can be incorporated into urban design to offer places of interaction – where people feel safe and can interact with one another.

The Life Before Her Eyes

Lauren Kaschke 2001-11-13

A hauntingly original psychological thriller about innocence, memory, and the effect of a moment of violence (The Oprah Magazine). In the girls’ bathroom, Diana and her best friend, Maureen, are stealing a moment from the routine drudgery of high school life. But instead, they find their friend’s headless body, a moment that will change them forever. In their efforts to uncover the truth, the girls are forced to face the monsters even worth living? The Dragon Eye series books: One: Dragon Two: Hydra Three: Phoenix Four: Vixen Five: Dracul Six: Basilisk

Diana grew up in a small town, Constitution Hill, a town with secrets that are carried within her. Her life is turned upside down when she is chased from her village as a child. Now, a decade later, she’d love to return to the place she once called home—if only she knew where to find it.

The Life Before Her Eyes

Kasischke, Michael S. 2016-03-10

Kasischke treads a summary within each one: Lifestyle; Food & Nutrition; Medical Care; Mind; Water; and Now Live the final chapter which you can cast your eye over first as it is

R. Jackson 2016-03-10

Happily in a funk with no apparent way out, mortgage industry veteran, Mark Stiles, grasped desperately to the only thing known to help him find a way out of the downward spiral of his life. As a mortgage broker, Stiles, with the help of the industry, found a way to make his life fall apart. In an attempt to keep his life from falling apart, Stiles descended into a world of drugs and alcohol, spending long nights in bed with his dog and his dead end job. Until he hit rock bottom and realized he needed to make a change. He flexed his muscles and tried to prevent the world from taking over his life, but he was only able to hold on for so long before it caught up to him. As he begins to deal with the consequences of his actions, Stiles begins to understand the importance of third places and how they can be incorporated into urban design to offer places of interaction – where people feel safe and can interact with one another.
suggestion that they move in with him. And Gig is worried about his father’s deployment to Afghanistan. Here is a story about how life, like sports, can be
unpredictable, frustrating, and exhilarating.

Miraculous Me
Ruth Pendergast Sissel 2014-04-01

What thoughts crossed your mother’s mind the first time she saw you? What dreams did your father hold in his heart? Told from the perspective of a baby in utero whose parents are seeing the ultrasound picture for the first time. A colorful and inspiring way to instill the message that we are each wonderfully treasured and made. Fun Fact: In early spring 2013, while putting socks on her newest daughter’s feet, the author Ruth spoke out loud, “Look at those toes, where will they go?” In a moment of sheer inspiration, she grabbed her eldest daughter’s Tinkerbell notebook, and between folding laundry and scrambling eggs, wrote the manuscript for this book.

Karl’s Story
Trudy Cutrone 2016-01-13

With an uncanny relevance to today’s world and inspired by the life of its author, Karl’s Story, is a WW II child refugee’s tale of resilience, hope and courage as told through the narrative of her beloved teddy bear, Karl. A story perfect for all ages: read to children by parents, grandparents and teachers alike. It has been read many times to middle elementary grades. A book to be handed down from parent to child to child for generations to come. Karl, “a very old teddy bear,” has a magic gift: he can tell stories to children who are still young enough to understand toy talk. Karl’s Story begins in Europe. It’s about Karl, the young girl Karin, and Mimi the mind reading cat, … how the three friends experience and survive WW II and then escape from communism to a new and hope-filled life with his beloved friend Karin. Their journey, their story, enchants children but in the sense of The Little Prince speaks timelessly to adults as well. Karl’s Story tells of European refugees and is as relevant today as then. The chaos of the time turned the world of the three friends upside down, slowly at first, from no more whipped cream at birthday parties to ever more frequent air raids, crashing bombs, and a harrowing train ride, with Karl and Mimi stuffed in Karin’s old wicker trunk. In the journey Karin loses all she ever knew or loved, but goes on to rebuild her world in America. The book is categorized as Children’s Fiction because of its charming cover and talking stuffed animals but is inspirational to young and old alike, and a perfect antidote in these still troubled times; this is indeed a book for all.

Becoming Jane Jacobs
Peter L. Laurence 2016-01-29

Jane Jacobs is universally recognized as one of the key figures in American urbanism. The author of The Death and Life of Great American Cities, she uncovered the complex and intertwined physical and social fabric of the city and excoriated the urban renewal policies of the 1950s. As the legend goes, Jacobs, a housewife, single-handedly stood up to Robert Moses, New York City’s powerful master builder, and other city planners who sought first to level her Greenwich Village neighborhood and then to drive a highway through it. Jacobs’s most effective weapons in these David-versus-Goliath battles, and in writing her book, were her powers of observation and common sense. What is missing from such discussions and other myths about Jacobs, according to Peter L. Laurence, is a critical examination of how she arrived at her ideas about city life. Laurence shows that although Jacobs had only a high school diploma, she was nevertheless immersed in an elite intellectual community of architects and urbanists. Becoming Jane Jacobs is an intellectual biography that chronicles Jacobs’s development, influences, and writing career, and provides a new foundation for understanding Death and Life and her subsequent books. Laurence explains how Jacobs’s ideas developed over many decades and how she was influenced by members of the traditions she was critiquing, including Architectural Forum editor Douglas Haskell, shopping mall designer Victor Gruen, housing advocate Catherine Bauer, architect Louis Kahn, Philadelphia city planner Edmund Bacon, urban historian Lewis Mumford, and the British writers at The Architectural Review. Rather than discount the power of Jacobs’s critique or contributions, Laurence asserts that Death and Life was not the spontaneous epiphany of an amateur activist but the product of a professional writer and experienced architectural critic with deep knowledge about the renewal and dynamics of American cities.